

WHITE HORSE RANCH

Cowgirl Guide to Ranch Living

Revised: 10/6/2016

Clothing Items

5-7 pairs of jeans or pants	10 T-shirts
5 Pairs of Shorts	1 pair dress pants, if desired
2 bras (<u>can have under wire if plastic & non-metal</u>)	2 dress shirts
5-7 pairs of underwear, <u>no thong or G-string</u>	1-3 dresses, if desired
7-10 pairs of socks	1 pair Cowgirl boots (no steel toe)
1-2 pair tennis shoes	1 pair house shoes
3 pair pajamas (<u>nothing revealing</u>)	1 pair of gloves
1 modest bathing suit	1-2 hoodies
1 stocking cap, seasonal	1 heavy coat, seasonal
1 light jacket	3 modest tank tops

Miscellaneous

Good attitude	Bible &/or devotional books
1 month supply of all prescribed Meds	Stationary, envelopes, stamps
1 bottle of Sunscreen (if needed)	<u>Alcohol-free</u> beauty products
Water Bottle, if desired	Toothbrush & toothpaste (<u>non-electric</u>)
Sanitary pads or tampons	Hair Straightener/Blow Dryer
5 Spiral single-subject notebooks	3 Writing journals
Ponytail Holders (<u>without metal</u>)	Pre-Paid \$10.00 Calling Card (Family Therapy)
3-5 pictures <u>small photo album(no frames)</u>	Shampoo & Conditioner
<u>Electric</u> razor, no batteries (*kept at Tech Station)	Liquid Body soap (no bars of soap)
Markers/Colored Pencils (<u>No Permanent Markers</u>)	Lotion
Over the counter Tylenol, Midol, Advil ect. (40 count or less)	
2 bottles of HE laundry detergent (<u>high efficiency type only</u>)	

Academic & Health Records

Birth Certificate	Social Security Card
Immunization Records	Sooner Care Card
School Transcript or Academic Withdraw Form from last school enrolment	
Social Security Number & Date of Birth of Custodial Parent or Guardian	

What Not to Bring

Negative attitude	Cell phones	Personal bedding, blankets or pillows
Boyfriends	Mouthwash	Products containing alcohol
Stuffed animals	Cigarettes	Lighters or matches
Razors or Nair	Illicit Drugs	Any Drug Paraphernalia
Aerosol spray cans	Candy items	Food items
Nail Polish (may use on Level 3)		